

Securing the future of Tasmanian Men's Sheds

Building a Tasmania we
can all be proud of

Change
for a brighter
future

changeforabrighterfuture.com.au

The Plan to rebuild essential services

The Plan to rebuild essential services

This will allow Men's Sheds to continue to provide a growing number of Tasmanian men with a safe and supportive environment

Securing the future of Tasmanian Men's Sheds

Men's Sheds are an incredibly valuable asset to the state, contributing to the community - and the economy - in a multitude of ways.

A majority Hodgman Liberal Government recognises the immense value of the 42 Men's Sheds – and the 4000 active and regular members and users of Shed facilities across the state.

A majority Hodgman Liberal Government will provide an additional \$555,000 to Tasmanian Men's Sheds:

- **\$300,000 over three years** to the Tasmanian Men's Shed Association Inc (TMSAI) to be distributed to Sheds across the state by the TMSAI.
- **\$255,000 over three years to fund a project officer at the TMSAI** to manage the daily operation of the Association, and provide local administrative support, information and auspicing services on behalf of local Sheds, including sourcing additional funding.

This funding provided will help Sheds purchase things like tools and heaters, meet growing operating costs like electricity and insurance, and ensure a statewide and coordinated approach to the administration of Sheds across the State.

This will allow Men's Sheds to continue to provide a growing number of Tasmanian men with a safe and supportive environment to get together to talk, share in mateship, or work on projects to benefit the local community.

The critical importance of Men's Sheds to get men talking and improve their wellbeing, health, and mental health, cannot be understated. They provide a vehicle for men to connect with other men, maintain an active body and mind, share problems, talk about their lives and work on projects that provide a valuable contribution to the local community, whether it be fixing lawn mowers for the elderly, building a cubby house for a child or fixing up bikes for local kids.

Older men mentor younger men and boys, and pass on skills. And, importantly, there is no fuss and no pressure.

An evaluation of the benefits of Men's Sheds was undertaken by Beyond Blue in 2013. It found there were clear health benefits associated with Men's Sheds and awareness of mental health issues, like depression and anxiety, is improved through Shed membership.

As the TMSAI states in its 2013-15 Strategic Plan:

"...the potential of sheds to play a key role in our community is significant. To realise this potential requires the development of the capacity of the sheds and the association that supports them".

Costings

\$555,000 over three years.