

Ticket to Play



A MAJORITY HODGMAN LIBERAL GOVERNMENT WILL:

- Offer \$100 vouchers for club membership to eligible Tasmanians aged five to 17 years
- Boost participation in sport and physical activity
- Improve health and wellbeing of young Tasmanians
- Invest \$3 million in Tasmania's first sports voucher system



Invest in Health

Ticket to Play

A re-elected majority Hodgman Liberal Government will invest about \$3 million over one year to establish *Ticket to Play*, the first sports voucher system for young Tasmanians.

Vouchers worth up to \$100 will be available to eligible Tasmanians aged five to 17, and to go towards sporting club membership as part of this pilot project.

The *Ticket to Play* voucher will be available to about 30,000 Tasmanian students whose parent or guardian holds a Centrelink Health Care Card or Pensioner Concession Card.

This will provide welcome assistance to tens of thousands of Tasmanian families, with popular club memberships such as Australian Rules, netball and hockey costing an average \$250.

This will go a long way to removing one of the biggest barrier to participation – cost, and will ensure more young Tasmanians can play sport and share in all its social and health benefits.

The voucher can be used at sports clubs, incorporated and not-for-profit sporting organisations.

Why Tasmania Needs This

Playing sport when we are young is key to establishing lifelong healthy habits.

Playing sport has countless individual benefits. It is good for health and wellbeing, it improves mental health, fosters social skills, promotes teamwork and leadership and creates friendships.

It is also great for the broader community. It reduces health costs, builds communities through social inclusion, can help to address anti-social behaviour and provide economic growth.

But for kids, it can simply be a great way to have fun.

Unfortunately, many young Tasmanians are not meeting the recommended minimum level of physical activity, and it gets worse with age.

Our Targets

#22 Reduce Tasmania's rate of obesity to below the national average by 2025.

Continuing Targets

To have the healthiest population by 2025.

For the full list of our Targets: www.buildingyourfuture.com.au

Tasmanian Liberals' Plan

The Hodgman Liberal Government is committed to addressing barriers to participation as we strive to make Tasmania the healthiest state by 2025.

As part of our five year Healthy Tasmania Strategy, we are committed to reduce Tasmania's rate of obesity to below the national average by 2025.

By providing a greater number of indoor multi-sport facilities we will boost participation and the physical activity of Tasmanians.



Invest in Health

Why Tasmania Needs This

The Tasmanian Child Health and Wellbeing Survey estimates that 62 per cent of children aged between five and 12 years meet the recommended physical activity level, and this drops to just 17 per cent by the time children are aged between 16 and 17 years.

The number one barrier to children participating in organised sport is cost.

By removing the first barrier we can increase the number of young Tasmanians playing sport.

A similar voucher scheme introduced interstate resulted in more than 40 per cent of children using the voucher to join a club for the first time.

Cost

The cost of our investment is an estimated at up to \$3 million over one year.

Labor Green Record

Labor has no plans to address the cost of children participating in sport.

The Tasmanian Liberals have already proven to be more committed to encouraging participation in sport, through our *Levelling the Playing Field* policy.

We have committed \$10 million over two years to boost girls and women's participation in sport with a competitive grant program to improve female friendly sport infrastructure, while Labor is committing just \$1.6 million a year.

Key Facts

► Australia's Physical Activity and Sedentary Behaviour Guidelines suggests that children aged five to 17 years should accumulate at least 60 minutes of moderate to vigorous intensity physical activity every day.

► According to the Tasmanian Child Health and Wellbeing Survey:

- 62 per cent of children aged five to 12 years meet the minimum level of physical activity.
- 18 per cent of children aged 12 to 15 years meet the minimum level of physical activity.
- 17 per cent of children aged 16 to 17 years meet the minimum level of physical activity.

► The Premier's Physical Activity Council's Tasmanian Plan for physical Activity has set a target of 72 per cent of children aged five to 12 years and 25 per cent of children aged 13 to 17 years meeting the recommended minimum level of physical activity by 2021.